What is Friendship?

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Aristotle said, “A friend is one soul abiding in two bodies”. The quote is saying that two friends will always stick together. It's been proven that friendships trigger human empathy. Three important characteristics in choosing your friends are loyalty, support, and empathy.

Loyalty is an important factor in most lasting friendships. It honestly is because you need to be loyal to each other. You will be by each other’s sides when needed. It remains a firm friendship and you need to be loyal with those close friends you have. Loyal friends will have lots of trust in you and you might have lots of trust in them. Loyalty is one of the best ways to have an amazing friendship.

Supporting each other is a great thing to do when you're in a strong relationship with your close friends. They might need you when they are sad or down. You should always support them even if you’re a little sad or down. You need to stand tall and be supportive to each other. By being supportive, you can make it into something funny or whatever you would like to chose, but the most important thing is that you’re being supportive in any way you can! All people with those great, amazing friends are lucky, because you show lots of support, loyalty and other stuff, as well, but its always good to have a great supporting bond with each other.

Empathy is a great way to help a friend when a friend is going through something like getting a bad grade on a test, having a bad day, or not feeling well. You should be supportive and say, “hey, it’s ok you tried hard enough and did your best!” or something that will cheer them up that lightens their mood. By being empathetic, you know what it feels like. So don’t say anything rude or something that might hurt their feelings.

Friendship is when a friend is always by your side and gives you support, loyalty, and empathy. They give you comfort and help you with your problems, your ups and downs and demonstrate empathy. When you hang out with your friend you increase your sense of belonging and purpose. In great friendships you have long-lasting bonds with each other. In friendships, loyalty, support, and empathy is a major factor in most lasting friendships.